

Prairie Spirit United Church

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Website Link: prairiespirituc.org
YouTube Service Link: [Prairie Spirit Channel](#)

Please call/email before planning a visit to the church.

Minister Email: minister@prairiespirituc.org

Office Email: prairiespirituc@shaw.ca

For After Hour Pastoral Care: 204-599-9925

Weekly Update – Friday 26 July 2024

Worship is on Sunday, July 28, 2024 at 10:30 a.m.

This Sunday's service will be led by Rev. Scott Macauley.

Our scripture reader is Judy Lawrence.

Scripture Readings:

2 Samuel 11: 1-15

Ephesians 3: 14-21

John 6: 1-21

Missed last Sunday July 14th? Listen to the Sermon "Be the Church" at:

<https://www.buzzsprout.com/1437418/15445036>

Looking Ahead

There will be no services in August 2024.

In-Person Worship will resume on Sunday 8 September 2024.

**YOUR GIVING
MATTERS!**

*Have you experienced a miracle of generosity,
where what is received is more than what is given?*

Join us for Coffee with our Minister:

Wednesday, August 7th
from 2:00 until 3:00 pm.

Wednesday, August 28th
from 10:00 until 11:00 am.

These gatherings will take place in
the Narthex.



Travel Light



It's 10 pm the night before our road trip and the house is finally clean, the outside flowers are watered, and the cat sitter is in place. Its time for me now to pack my bag. Yes, you read that correctly – I'm packing my bag minutes before I go to bed the night before we leave. It's okay...I've done this many times before and I have a pretty thorough check list: passport, money, bank cards, necessities and a change of clothes for each day of

the week. If there's anything I forgot I'll simply buy it at my destination. In some ways, I guess I have taken the words of Jesus in Matthew 10:9-10 to heart when he instructs his disciples to travel light taking only the essentials. Honestly, the important things are tended to; my cat; my house; my necessities, money and travel documents – everything else is mere distraction.

In some ways a trip is a bit of an analogy for our spiritual life – both are journeys and one thing I have learned is that just as it is good for me to travel light on a physical journey, so too it's good sometimes to travel light on my spiritual journey. Doing this often requires me to let go of some spiritual baggage – things like assumptions, bias, ego and so on. It's a time to trust in God's provision. Just as I trust that I've taken all I really need for my road trip, so too I must learn to trust that God has provided me with all I really need for my spiritual journey. A trip of any kind is a great opportunity for us all to also take stock of our spiritual lives and double check our bags; to ask ourselves "am I carrying what I need or am I weighed down by unnecessary baggage of burdens, doubt or fears?" Perhaps learning to let them go and pack a little lighter will help us see the path to deeper faith and trust in God's unfailing love.

Peace,
Scott

The Happy Gang Reminder

The Happy Gang will be taking a break for the summer and will resume on the third Thursday of September. See you then.



The Choir is on pause for the summer but will resume on Sunday September 8th!

We are excited to share that we have hired Melanie Dupuis as our choir scholar! Melanie will join us starting September 8th till the end of June 2025 and will be in the choir each week, providing solos and supporting the learning and performance of our choir.

We are a small choir now. We would invite you to consider joining us in September! If you love to sing - please consider it. No experience required and practices occur on Sunday mornings at 09:30am before church in the Silver Heights Meeting Room. We would LOVE to have you with us!

Please let Bennet Charter (Music Leader) or Pat Rothney (Choir member) know if you are thinking of joining us as we communicate by email and want to ensure you are included in the messages.



COMMUNITY FOODSHARE 2024



Grow a row of vegetables. Pick and share fruit. Donate grocery items. Support people with limited access to food in your neighbourhood. Deliver to :

LOCATION

529 COUNTRY CLUB BLD
55+ Housing

DROP-OFF DETAILS

MONDAY to FRIDAY ONLY
9:00-4:00
Phone or text with subject "Food Delivery" to 204-888-5534

22 STRAUSS DR
Manitoba Housing

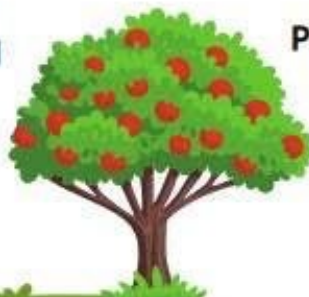
MONDAY to FRIDAY 9:00-4:00
Email with subject "Food Delivery" to Nicholas.Rush@gov.mb.ca

825 SCHOOL RD
The Salvation Army

MONDAY to FRIDAY
9:00-3:00
Phone: 204-889-9203

170 HENDON AVE
Manitoba Housing

THURSDAYS
Phone or text with subject "Food Delivery" to 204-619-4634



Winnipeg Regional Health Authority / Office régional de la santé de Winnipeg

For inquiries about the Food Security Network, call Kathy Perrault @204-223-0934

Stories of Our Mission

Ministers' Retreat: Respite and Reflection

There is a crisis facing Northern United Church Ministers. The emotional toll of ministering to a grieving community is immense, and ministers are in dire need of [rest and renewal](#).

[Photo credit: Lindsay Victoria]



Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

WEEKLY

Sneak Peek

Sun 28 July	10:30am	PSUC Worship
See you on Sept 8 th for Worship		
Fri		
Sat		
August Minister Hours are Mon- Thurs 10am-2pm August Office Hours are Tue-Thurs 10am-2pm August Custodian Hours are Mon/Tues 4-8:30pm & Sat 9-1:30pm Please call/email before planning a visit to the church.		

Please submit Cheque Requests and Weekly Updates to the office by Wednesday morning.

If you would like to register for our Member Only area of the PSUC website, please email the office with your name and email address. In the Member Only section you will have access to Annual Reports, Governance Structure, Ministry Profile, Council Minutes, & Weekly Updates.

If you would like to sign up for email editions of our Weekly Update, please contact the church office.